

Services List

Home Health Aide

Going beyond just providing companionship, our home health aides are trained to provide specialized care to give you peace of mind your loved is fully cared for. Our home health aides can provide:

- Respite for Family
- End of life and hospice care
- Maintain Exercise Routine (light exercise to retain and strengthen mobility)
- Help with Morning & Evening Routines
- Transfers with gait belt or hooyer lift
- Bathing assistance
- Incontinence care
- Grooming and dressing assistance
- Ambulation assistance
- Hair care and styling
- Medication Reminders
- 24 hour care

Companion/Housekeeper

Sometimes your loved one needs someone to be there for them when no one else is there to lend a hand. Wouldn't it be nice to provide your loved one with a friend or a companion to keep them safe, organized, or simply to run an errand? Let a member of our caregiving staff provide the companionship and in-home assistance they deserve. Here's how we can help:

- Play games, puzzles, and cards to stimulate mental awareness
- Accompany on walks
- Errands & shopping
- Reading & socialization
- Meal prep and clean up
- Maintain cleanliness of home (dusting, mopping, vacuuming)
- Bathroom maintenance (maintain a sanitary environment)
- Bedroom maintenance (linen change, bed maintenance)
- Organization of clutter

- Collecting and taking out trash
- Laundry
- Washing dishes
- Change linens
- Assistance with pet walking and care
- Pickup prescriptions
- Provide Transportation

Sitter

Aventas HomeCare also provide caregivers who offer care during your loved ones' in-patient stay at a medical facility or hospital. Sometimes patients can be confused or unable to communicate with facility staff. The one-to-one attention your loved one will receive, minimizes inaccuracies in communication and coordination of services. We'll simply be there when you can't:

- Communicate & coordinate with facility staff
- Provide safety to confused or disoriented patients
- Coordinate discharge from facility to home
- Ensure patient gets to bathroom in a timely manner
- Assist with eating meals
- Assist with pillow or bed adjustments
- Ensure the patient receives timely and proper care from facility staff



Call for your *free* assessment and individualized care planning

Phone: 520.300.5721

Why Choose Aventas HomeCare? Here's Why...

Personalized Care

Aventas HomeCare provides Home Health Aides, Companions, and Sitters to meet all your personal needs. You can choose from 2-24 hours a day, and schedule for a few days or for ongoing assistance.

We provide a **free** In Home Assessment & with input from you and your family, we develop a Plan of Care based on your specific needs.

Aventas also performs wellness checks weekly to insure your needs are being met.

Worry Free Scheduling

Our Client Service Supervisors specialize in matching the right caregivers to your needs and preferences. We are committed to providing continuity in scheduling, and we value ongoing communication. We will call to check on your satisfaction at least weekly.

Our Client Service Supervisors are on call 24 hours per day, so if you need extra help, or to make any changes to your schedule, you will speak to someone you know and trust.

We excel in filling same day needs – last minute requests are something we specialize in, so feel free to call us anytime.

Staff Screening Exceeds Standards

At Aventas, we are committed to providing only the best caregivers – we have checked references, completed a thorough background check/fingerprint card verification, tested our caregivers' skills & completed a thorough orientation before they come to your home. We require a minimum of one year experience before we offer them employment.

At Aventas, our caregivers are our employees. We supervise them with unannounced site evaluations at least monthly. We provide monthly education to improve their skills.

Our orientation covers ethics, integrity and respect, as well as safety in the home.

We complete Skills Competency Evaluations on all our staff to insure they are properly trained and experienced for the care they provide to your loved one.

RN On Call

Aventas HomeCare employs an RN as our Clinical Supervisor; she verifies the skills of all our caregivers, and she is available to staff and clients whenever needed.

Our Clinical Supervisor will assist in developing care plans and insure that the caregivers we schedule are compatible and appropriate for each client.

Our Clinical Supervisor will insure needed communication with your physician or others involved in your care is timely and thorough – At Aventas, we believe that this is best accomplished with a nurse, and we include it with our services at no extra charge to you.

25 Years of Local Experience

Aventas HomeCare is locally owned and operated. Our Administrator, Anne E. Ryan, & Director of Operations, Rudy J. Martinez, PT, both have 25 years of experience providing Home Care services in Tucson.

We are experienced in this community, which makes coordination and collaboration with your whole medical team easier – with better results. When we need to act on your behalf, we know the best providers to call!

Long Term Care Insurance

We are happy to bill your insurance for you, and we have many years' experience working with the different providers in our community.



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